



PROCLAMATION

- WHEREAS, behavioral health is an essential part of health and overall wellness, and prevention works, treatment is effective, and people can and do recover from substance use and mental disorders; and
- WHEREAS, the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable to individuals, families, and the community at large. People in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and
- WHEREAS, we urge relatives and friends of people with mental and/or substance use disorders to implement preventive measures, to recognize the signs of a problem, and to guide those in need to appropriate treatment and recovery support services; and
- WHEREAS, in 2011, 3.8 million people received specialty treatment for a substance use disorder and more than 31.6 million adults aged 18 or older received services for mental disorders, according to the *2011 National Survey on Drug Use and Health*. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and
- WHEREAS, on October 1, 2013 as a result of the Affordable Care Act, more than 11 million uninsured individuals with behavioral health needs will become eligible for affordable insurance coverage for their treatment needs, according to the *2011 National Survey on Drug Use and Health*. We must ensure that all of these individuals are successfully enrolled into coverage; and
- WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the King County Mental Health and Chemical Abuse and Dependency Services Division invite all residents of Issaquah to participate in National Recovery Month;

NOW, THEREFORE, I, Ava Frisinger, Mayor of the City of Issaquah, do hereby proclaim the month of September 2013 as

NATIONAL RECOVERY MONTH

in the City of Issaquah, and call upon citizens to join me in observing this month with appropriate programs, activities, and ceremonies supporting this year's Recovery Month.

IN WITNESS WHEREOF, I have hereunto set my hand and seal of the City of Issaquah this 16th day of September, 2013.



Ava Frisinger, Mayor